



WOMEN'S TRACK AND FIELD

Outdoor Rookie Records

(Updated Aug. 1, 2024)

NCAA Events	Mark	Date	Record Holder(s)
100M	12.11	1997	Shireese Statin
200M	24.92	1997	Shireese Statin
400M	56.34	2016	Kye Dozier
800M	2:15.11	1999	Ruthie Cook
1500M	4:41.14	1998	Angie Lefere
5000M	17:41.99	2003	Jessica Clayson
10000M	36:45.80	2018	Claire Kendell
100MH	14.89	2003	Jennifer Frierson
400MH	1:03.87	2005	Amanda Smith
3000M Steeple	11:19.93	2005	LeAnn Sarka
High Jump	5'7.00"	1994	Kim Jess
Pole Vault	10'11.75"	2018	Alexandra Sinani
Long Jump	18'8.50"	2001	Joanna Grandas
Triple Jump	37'4.5"	2017	Lynda Brundige
Shot Put	44'0.75"	1999	Altramese Roberts
Discus	156'8.00"	1999	Altramese Roberts
Hammer	169'3.00"	2002	Angela Karpala
Javelin	129'1.00"	2004	Krista Switzer
Heptathlon	4304	2017	Kyri Jackson
4x100	52.64	2004	Samantha Brayak, Char Jennings, Stephanie Patton, Nicole Gillikin
4x400	4:11.83	2023	McKenzie McNitt, Jada Clark, Gracelyn Peebles, Kelis Favors

Non-NCAA	Mark	Date	Record Holder(s)
3000M	10:24.31	1998 (Tenn.)	Angie Lefere
Mile	5:22.65	2023	Ayva Schmalz
2000M Steeple	7:24.22	2012	Zeinab Baydoun